

Barre Belles • Girls Who Grill • Misdiagnosed!

It's time for the
Heart & Soul
Awards!

heart&soul

Healthy.Wealthy.Wise.

JUNE/JULY 2011

It's Hot in Here
**Our Annual
Sex Guide**

Rebellion's
Over

*Meagan
Gets
Good*

Your
Summer
Beauty
Survival
Kit

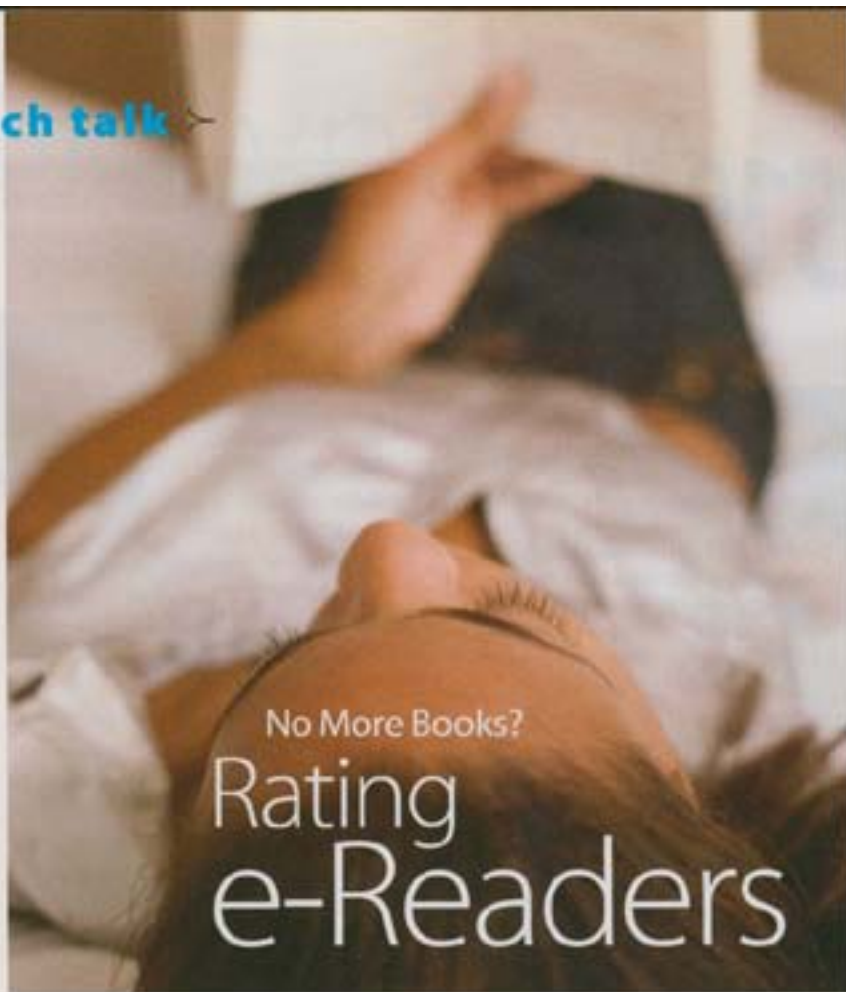
[Stuck in the Hospital]

10 Portion
Control
Tricks

Fine-Tune Your
Benefits



WWW.HEARTANDSOUL.COM



No More Books? Rating e-Readers

by sherri williams

This season summer reading may take a new twist with the exploding popularity of e-readers. Online bookseller Amazon.com reported selling more electronic books than paperbacks at the end of last year. Digital reading tablets, many of which are the size of paperback books, possess enough internal memory to hold hundreds of books. With e-readers, users can turn the page of a book simply with the click of a button or the wave of a finger. Digital capabilities of the devices allow readers to manipulate the size of the text for easy reading. Users can also store and read their own documents on the devices. Many e-readers also allow consumers to share books, which are cheaper in electronic form, on multiple devices, including smart phones and laptops. *Heart & Soul* takes a look at some of the most popular standalone e-readers and their best features.



Kindle

MEMORY: 4GB, about 3,500 books
BATTERY LIFE: One month with WiFi off and three weeks with WiFi connected
PRICE: \$139
DIMENSIONS: 7.5 inches long, 4.8 inches wide, .34 inches thick and weighs 8.5 ounces. Black-and-white screen has a 6-inch display.
PRO: The black-and-white screen has sharp letters that are easy to read and resemble a standard book page. The device also has pre-installed Facebook and Twitter integration to make it easy to share book passages with friends through social media.

CON: The screen doesn't have its own light source and requires some lighting at night or in a dark room.

WEBSITE:
amazon.com
/kindle

Kobo

MEMORY: 1GB, about 1,000 books with its original memory. The memory card slot increases memory capability.
BATTERY LIFE: About two weeks if WiFi is off, but four days if the WiFi is operating
PRICE: \$119
DIMENSIONS: 7.2 inches long, 4.7 inches wide, 0.4 inches thick and weighs 7.8 ounces. The black-and-white screen has a 6-inch display.

PRO: The Kobo is very intuitive. A first-time user can figure out how to use it without reading the directions. The soft, quilted, rubbery case makes it easy to hold. It also comes loaded with 100 classic books, including W.E.B. DuBois' *The Souls of Black Folks*.
CON: The buttons and typing to get a WiFi connection are sometimes cumbersome and clumsy.

WEBSITE: borders.com



NOOKColor

MEMORY: 8GB, about 6,000 books, 500 songs and 150 pictures. The memory card slot increases memory capability.
BATTERY LIFE: Up to 8 hours with WiFi off
PRICE: \$249
DIMENSIONS: 8.1 inches long, 5 inches wide, .48 inches thick and weighs 15.8 ounces. Color screen has a 7-inch display.
PRO: The MP3 player function allows users to listen to audio books or music. The color touch screen

makes the device easier to use and great for also reading magazines, newspapers and watching videos. It also has the capability to view Microsoft Office files.

CON: While NOOKColor has more capabilities than the standard e-reader, it only has a fraction of the battery life as others.

WEBSITE: barnesandnoble.com

Sherri Williams is a writer and blogger.